



King's Fork High School  
October 28, 2024

# THE BULLDOG BARK

## KFHS Homecoming 2024: A Celebration of Unity by Nevaeh Greene

Homecoming Week at King's Fork High School was an unforgettable experience, filled with school spirit, exciting activities, and memories that will last a lifetime. The Administration team thanks everyone who participated and made this year's Homecoming a huge success.

Spirit Week kicked off on Monday with 70's Day, where students and staff brought the groovy vibes of the disco era back to life with vintage attire and retro hairstyles. On Tuesday, the halls were filled with laughter as students dressed up for Meme/Character Day, representing their favorite memes and iconic characters.

Wednesday was PINK OUT Day, where the entire school was covered in pink to support breast cancer awareness. That evening, we enjoyed an exciting Powder Puff game, where students faced off in a friendly football match that had everyone cheering and laughing.



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## KFHS Homecoming 2024: A Celebration of Unity



On Thursday, students showcased their creativity for Generations Day, with each grade dressing to represent different stages of life, from babies to senior citizens. Finally, Friday was KFHS School Spirit Day, and the school pride was undeniable as students wore their Bulldog gear to celebrate Homecoming.

Friday's festivities continued with the Pep Rally during 4th block, where students cheered on their peers and got hyped for the rest of the day. The Homecoming Parade showcased impressive floats from various school clubs and teams, and afterward, everyone gathered for tailgating, which featured a DJ, dancing, and plenty of food. The night culminated in the Homecoming Game at 7:00 p.m. The Bulldogs faced Lakeland High School in an exciting showdown that saw the Bulldogs win 57-0, and claim the Suffolk City championship.



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## KFHS Homecoming 2024: A Celebration of Unity



The Homecoming Court Celebration at halftime brought the past and present of King's Fork together in a huge way.

The celebrations wrapped up on Saturday at 7:00 p.m. with the Homecoming Dance, where students arrived dressed to impress. The cafeteria was transformed into a dazzling dance floor, and students spent the night dancing, laughing, and celebrating an unforgettable week.

This year's Homecoming proved once again that we are family at King's Fork High School. The week was packed with school spirit, and social media was buzzing with photos and videos from all the events. Thank you to everyone who participated, and we look forward to another amazing Homecoming next year!



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## Royalty at Halftime by Freud-Lee Valcin



Makiya Wright and Javon Ford were crowned the 2024-25 Homecoming King and Queen. Wright was also previously Miss Freshman and Miss Sophomore for the Class of 2025. While Ford was actively playing in the King's Fork Homecoming Game helping to lead the team to an overwhelming victory. Raschard Harden and Brittany Waller, the first ever Homecoming King and Queen from the Class of 2005 returned home to participate in the coronation ceremony, along with last year's King and Queen, Jeremiah Eley and Dy'nashia Jenkins.



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## Becoming a Bulldog

by Miles Codjoe, Chloe Vinson, and Alyssa Treto

### New Year, New Problems

**INCOMING BULLDOGS!** We are now entering the 2024-2025 school year. For freshmen, this transition may be challenging. From health to social life, to academia, high schoolers face a number of challenges. But by the end of this article, any freshman reading should be able to face high school prepared- like a true bulldog.

#### 'Sticks and Stones'

Every freshman deals with unique challenges. It can be a real struggle to figure out where to go, how to deal with unfamiliar peers and teachers, and how to deal with the increased workload. This, paired with other obstacles, can cause stress and anxiety, which is damaging to mental health. It's hard for anyone to deal with stress, but it's even more difficult for teenagers to do so healthily. There are many ways of managing stress, and different strategies are good for different situations. Some healthy ways to cope with the stress of daily life include:

- **Self-Soothing:** Using your five senses, list something you can touch, hear, see, taste, or smell.
- **Distracting:** Sometimes you just need to take your mind off of things, and that's okay! Do an arts and crafts activity, or watch your favorite show.
- **Opposite Action:** Go against your negative impulses, use positive affirmations, or enjoy a funny TV show.
- **Emotional Awareness:** Identify your feelings, using a chart like the feelings wheel or journaling.
- **Mindfulness:** Meditate, use a breathing exercise, or do some stretches/yoga.



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## Becoming a Bulldog



And when push comes to shove, some teens should form a safety plan for if worse comes to worst, especially if they have a history of serious mental health struggles. This could include alerting a loved one, going over their successful coping skills, talking to a therapist, or calling a hotline like 988.

### Friends, Foes, and Everyone in Between

Many people have difficulty adjusting to the new school norms in high school. For many people, it can be a big change from middle school. From classes with older grades to lunchroom situations, many aspects of high school are different from middle school. Many incoming freshmen may not have many friends from their last school while others do. Making friends is different for everyone, but it can help to join clubs and just talk to people. No matter what, as one class in the whole school, freshmen should stick together. So, class of 2028 do it! We all know the slogan: If you don't have anything nice to say, don't say anything at all.



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## Tea Time: A Horror Story

by Miles Codjoe



"This is Tea Time! with Tonya Townsend," Tonya mumbled to herself, checking her Tea Time! business email. The phrase seemed to nest itself into her consciousness naturally, after recording so many episodes.

The recording studio she'd made out of her old home office was seeing more and more use in light of recent developments of her podcast. Morning light slated through the blinds, reflecting off of the glass top of the desk.

Tonya leaned back in her chair, her reality not so much smacking her in the face, but settling over her like a weighted blanket. It was hard to grasp the fact that just a little over a year ago, the idea had popped into her head. She'd just been driving to work, listening to Strawberry Letter on the radio. And there it was, the inspiration for all this. I have good judgment. The world totally needs a podcast of me roasting idiots and giving advice.

After that, it was only a matter of time until her podcast became-  
"Mom!" She heard someone call.

Tonya rolled her eyes, turning towards the door. On top of being a brilliant businesswoman, she was also a mother.

Malik peeked his head into the room.

"I think you should check your email," He said.

"I am," Tonya said, slightly confused.

"The listener submissions one," Malik clarified.

"Oh," Tonya said. "What, is there someone especially dumb this time?"

"Well..." Malik started.

"Because I am working," Tonya said, checking the submissions anyways.

Malik walked towards the desk, pulling another office chair to sit beside her.

"This one seemed kinda serious," He said carefully.

Tonya clicked on the first email.



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## Tea Time: A Horror Story



“Yeah, that one,” Malik said, sitting quietly as Tonya read through the email. Only a few minutes passed in silence, but they felt like hours to Malik. He wondered what his mom’s reaction to the submission would be-

“Thanks for telling me,” She said after reading the submission. Malik nearly jumped, not expecting to hear her voice pierce through the quiet, and especially not so...coldly.

“You should finish getting ready for school,” Tonya said in her normal tone, kissing his forehead.

“Mom-”

“I know, I’m embarrassing you,” She said, looking up at the clock to check the time.

“You’re gonna be late if you don’t hurry up,”

“Okay, okay,” Malik said, getting up. “I’m getting ready. Love you,”

“Love you too,” Tonya said.

\*\*\*

Malik sat at a desk at the back of the class, clicking his pen absentmindedly. He couldn’t get the submission out of mind, and he especially couldn’t get Tonya’s reaction out of his mind. Click, click. After a long moment, he pulled out his phone discreetly, going back to read the email again.

Dear Tonya,

It started like that, like all the submissions did.

I just got married earlier this year. I really love my husband, and we’ve known each other for longer than I can remember. He used to be really sweet, and we got along perfectly.

Even my kids from a past marriage love him, but he’s-

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## Tea Time: A Horror Story



“Mr. Townsend,” His teacher called “The question?”

Malik flinched, quickly putting his phone away and getting snapped back into math class.

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Tonya had to read the submission again. She couldn't afford to be hasty about what she was going to do.

-even my kids from a past marriage love him, but he's been acting different recently. Ever since we got married, we've been arguing more often. I could understand that, but the last time we fought, he hit me, going as far to threaten my children. He hasn't made any attempts to apologize or take any of his threats back.

I decided to leave our house with my kids for a few days, on a 'trip', but right now I'm just stalling. I don't know what to do-I'm scared for my kids, but I'm also inclined to give him another chance. Should I stay or leave?

Signed, Nia.

Tonya took a deep breath. She wanted to do more than just make an episode renouncing Nia's husband. As much as she wanted to say she had no idea how to go about it, she had a fairly good idea. She looked at the email address it had been sent from [nia.antiquill447@gmail.com](mailto:nia.antiquill447@gmail.com) and decided to look up the name. She clicked on the first page, a Facebook profile. Nia was right there in Nashville, Tonya basically had no excuse not to get involved.

To be continued.....



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## Breast Cancer Awareness

by Lori Miller & Damari Waller



There are many types of deadly cancer, one of which being breast cancer. Breast cancer affects thousands of people every year, with one out of eight women receiving a diagnosis during her lifetime in the United States. Breast cancer can affect your body tremendously, and there is no cure. Even with treatment the cancer may sometimes persist or return in the future. Breast cancer is taxing, both mentally and physically, sometimes so much that individuals might not even want to inform others of their condition.

Breast cancer has many physical effects on the body, some of which can be devastating. When a woman has breast cancer, it can affect her fertility, cause early menopause, and changes to the affected area. However, men can also develop breast cancer, and those universal symptoms can include weight gain, tiredness, skin dimpling, hair loss, headaches, and difficulty swallowing. These effects on the body can be exhausting to deal with, and there is no definitive cure for the cancer. Treatment, however, includes chemotherapy, hormone therapy, surgery, and medications.

Breast cancer is fairly common, affecting more than 200,000 people a year in the United States alone. Cancer does not discriminate, and breast cancer is no exception. When Elaine Spangler, a doctor who studies Cancer Research, was diagnosed with late-stage four breast cancer, it came as a surprise to everyone who was involved in her life—especially Elaine Spangler herself. She didn't believe she would have it because she gets yearly mammograms. But, she still got it. Luckily she found out about her cancer before it got too bad.



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## Breast Cancer Awareness



Another story is of Rose Boyd-Young, when she found out that she had breast cancer, she wanted to keep it private. This is a valid way of processing the fact of learning that you have cancer. In the first few months that Rose Boyd-Young knew she had cancer, she told nobody but her closest friend. It wasn't until she needed a mastectomy that she would tell her husband. Sometimes, keeping to yourself while you get your bearings is easier. Rose Boyd-Young did get the treatment that she needed to beat her cancer and is now living healthy.

Do you have a family member with breast cancer? After all, a person who has a first-degree relative (Parent or Sibling) who has breast cancer is more likely to develop Breast Cancer. This happened to Annie Miyazaki-Grant, her sister found out that she had a lump in her breast, so Annie Miyazaki-Grant decided to check for any lumps herself. Both she and her sister were diagnosed with breast cancer within a week of each other.

Overall, breast cancer is a dangerous illness that affects many people every year. It can cause the patient to have many unfortunate symptoms. Every person with breast cancer is going through their journey with a unique story, which is why it is important to acknowledge them and celebrate this month to encourage those who are affected.

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## KFHS Cheerleaders Advance to the State Tournament

by Staff



The King's Fork High School Competition Cheer Team showed their skills and spirit at the Regional competition this past weekend. The team performed exceptionally well, earning a runner-up spot in the preliminary round and then securing second place in the final round. Their impressive performance earned them a spot in the Virginia State Cheerleading Tournament.

Led by coaches Azza Harvey and Tiyanna Whitfield, the squad demonstrated dedication, athleticism, and school pride throughout the event. The entire team worked hard to achieve this milestone, and they will continue to bring their energy as they prepare for the state competition.

Congratulations to Azza, Tiyanna, and the whole cheerleading team for making it to the next level. Good luck at the state tournament! Keep up the great work and show the state what King's Fork High is all about!





KFHS E-SPORTS PRESENTS...

# CHAMPIONS

## AND NEW FRONTIERS

BY MIKAYLAH JOSEY

THE KING'S FORK HIGH SCHOOL E-SPORTS TEAM HAS BEEN MAKING WAVES IN SUFFOLK AND STATEWIDE! LAST YEAR, OUR SUPER SMASH BROS. TEAM ACHIEVED AN INCREDIBLE MILESTONE, BECOMING THE FIRST-EVER E-SPORTS CHAMPIONS IN SUFFOLK. CONGRATULATIONS AGAIN TO THE PLAYERS WHO WENT TO THE STATE CHAMPIONSHIPS. YOUR HARD WORK AND DEDICATION HAVE SET A NEW STANDARD FOR FUTURE TEAMS. THIS VICTORY HAS INSPIRED A NEW GENERATION OF GAMERS, AND WE'RE READY TO DEFEND OUR TITLE THIS YEAR!

AS THE WORLD OF HIGH SCHOOL E-SPORTS EXPANDS, SO DO THE GAMES WE PLAY. THANKS TO PLAYVUS, A LEADING E-SPORTS PLATFORM, THERE ARE MORE OPPORTUNITIES THAN EVER FOR STUDENTS WHO COMPETE IN NEW AND EXCITING GAMES. IN ADDITION TO OUR CURRENT ROSTER -- FEATURING FAVORITES LIKE SUPER SMASH BROS., SPLATOON 3, AND FORTNITE ZONE WARS--NEW TITLES ARE AVAILABLE FOR HIGH SCHOOL E-SPORTS TEAMS TO EXPLORE.

NBA 2K25, MADDEN NFL 25, AND COLLEGE FOOTBALL 25 CONTINUE TO DOMINATE AS SPORTS GAMES, WHILE HEARTHSTONE AND STREET FIGHTER 6 TEST OUR PLAYERS' STRATEGIC AND COMBAT SKILLS. THESE GAMES OFFER NEW CHALLENGES AND THE CHANCE FOR MORE STUDENTS TO GET INVOLVED IN THE TEAM. WHETHER YOU'RE A CASUAL GAMER OR A COMPETITIVE PRO, YOU HAVE A PLACE AT KFHS.

WE MEET EVERY WEDNESDAY FROM 3 TO 5 PM IN B204, WHERE WE STRATEGIZE AND GEAR UP FOR THE SEASON. WITH GUIDANCE FROM THE COACH, THE MANAGERS, AND THE CAPTAIN OF E-SPORTS, THE TEAM IS WORKING HARD TO CONTINUE ITS WINNING LEGACY. IF YOU'RE PASSIONATE ABOUT GAMING AND READY TO COMPETE AT A HIGH LEVEL, COME JOIN US AND BE PART OF KINGS FORK'S NEXT VICTORY!



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## Winter Creative Submissions



Calling all bulldogs! Do you like to draw or paint? Are you interested in writing short fiction? Then you're in luck. We're running winter-themed creative competitions for visual art, poetry, and short fiction. Pick up your pencils and get ready to create!

Requirements:

No profanity, explicit violence, sexual content, or anything that goes against the school rules.

All submissions must be winter or holiday-themed.

For the writing competitions, submissions cannot exceed 800 words.

Short stories should be formatted as such: 12-point sans serif font (like Arial), black lettering, double spaced, and with paragraph indents.

Students may submit ONE art piece and ONE writing piece.

Members of the KFHS Newspaper Club may not submit pieces for the competition.

All submissions must be submitted to this form using the QR code Dec. 1st or they will not be accepted. PLEASE INCLUDE YOUR REAL NAME.





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## Frozen Bodies by Judah Bannarbie



Frozen Bodies

We are all bound by time,  
By it's long fingers that reach out to our bodies  
Never letting go, because if it did  
Our last breath will exit our lungs in a slow exhale.

However, when we are engulfed in excitement  
And smiles pierce our faces,  
Time is no longer something  
we concern ourselves with,

But in the night of the October month,  
Time should trouble our understanding  
As the chill creeps through our spines,  
Reaching our hearts: frozen and cold.

Once this occurs, we stop in the streets,  
At the neighbour's porch  
In the driveway  
And even on the floor.

Frozen bodies covering the earth  
On this cold night  
Called October 31st.

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**KFHS**

**FALL BUCKET LIST**

- MAKE A PUMPKIN TREAT 
- CARVE OR PAINT PUMPKINS 
- WATCH A FOOTBALL GAME 
- DECORATE WITH FAMILY/FRIENDS
- WATCH A HALLOWEEN MOVIE 
- GO TO A FALL FESTIVAL
- GO TO A PUMPKIN PATCH 
- DIY FALL CRAFTS
- DRESS UP FOR HALLOWEEN
- ROAST SMORES 
- TELL GHOST STORIES 
- GO TO A CORN MAZE



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## King's Fork High Launches NJROTC



### Program

By Alana Givers-  
Wilson



In an era where Honor, Courage, and Commitment are increasingly vital, King's Fork High School has taken a new step by launching a Navy Junior Reserve Officers' Training Corps (JROTC) program. This program is run by Commander Primeaux and Senior Chief Twitty. The initiative of this program is not only to equip students with honorable and respectful life skills but also to foster a sense of community among the youth. The decision to implement the NJROTC program stems from a desire to cultivate leadership qualities and promote personal development among the cadets. Developing this program has been a monumental experience for many, especially for Senior Chief Twitty. She remarked, "It feels as if I haven't even left the military. This program has been a blessing, and it's inspiring to watch the cadets go from point A to point B."

Now, the key question: Why should students at King's Fork consider joining NJROTC? As Commander Primeaux wisely stated, "You should want to join for the benefits the program offers, including leadership and citizenship development." The curriculum of the Navy JROTC program is designed to provide students with a broad range of experiences. When joining the program, cadets will engage in leadership training, physical fitness, and military drills. These components are essential for developing resilience and a sense of responsibility. Additionally, students will explore the significance of citizenship, giving them a well-rounded perspective on their societal roles.

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## Candy Crisis by Lori Miller



When your parents or grandparents were trick or treating did they ever have to think about their night being dangerous? The answer is most likely no, however in our current century it's becoming increasingly common. Candy poisoning/lacing is on the rise, specifically in the form of Fentanyl. This dangerous drug can cause an overdose with a very small amount, and the effects happen quickly. In recent years the death tolls have risen, and drug cartels are even trying to entice little kids into using these dangerous substances.

The effects of Fentanyl are terrifying to witness or experience. When it's taken in a dose that is not in excess, the effects are similar to many other drugs. It can cause euphoria, pain relief, sedation, etc; however, when taken in a dose of just two milligrams those effects can become disastrous. It leads to a state of stupor, cyanosis (bluish skin), comas, and sometimes respiratory failure, which results in death.

In addition, Fentanyl overdose deaths have risen significantly in the last decade. According to the National Institute on Drug Abuse the deaths went from a little under 40,000 in 2012, to being at almost 110,000 in 2022. In ten years it rose by almost 175%. The reason for this rise is fentanyl from Mexico being smuggled into the U.S.A. It is then mixed in with other drugs without the consumer knowing, or in some cases, it's presented as "Rainbow Fentanyl."



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## Candy Crisis by Lori Miller



Rainbow Fentanyl is a colorful form of Fentanyl used by cartels in an attempt to entice children. It's sold in multiple forms, including pills, powders, and blocks. The Drug Enforcement Administration is advising the public to be wary of this trend. According to the DEA website, there has been Rainbow Fentanyl found in over 26 states since August 2022. Due to Rainbow Fentanyl being targeted towards children and young adults, trick or treaters or those celebrating Halloween in other ways should be cautious of this substance. There have been cases of this drug being placed in candy wrappers or containers and given out on Halloween in order to harm children.

Overall, Fentanyl overdoses have increased in the last decade, as well as the usage of rainbow fentanyl. To prevent this from ruining your Halloween, make sure to use common sense, and be cautious of your surroundings. The major thing, however, is to make sure to check your own or your little siblings' candy, to ensure your family's safety.

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## In the Symphony of Humanity by Bailee Batiste

Have you ever asked yourself,

Why?

Why are we bad?

Why are we hunted?

Why are we the target?

Why?

The color people love so much, thrive to have, even damage their skin to get

But because I was born with it 'I'm different?

I was born with beautiful tan caramel skin that they dreamed of having and now

they want to hunt me down, they want it

They say and they try to convince me 'I'm nothing, 'I'm useless

But if 'I'm useless how come you want what I have,

but you sit up here and say I can use less

So what am I supposed to give it to them because they weren't blessed?

So what am supposed to let you in and be my guest?

And I take a second to think, is it me?

Do I run or do I let it be?

In the symphony of humanity,

We wish, we beg, we hope, we pray, it's all just a fantasy

It isn't real

It isn't real

It isn't real

We keep repeating these words but nothings coming out,

The people are hearing you, but they're not HEARING you

the deep notes of injustice resonate like a relentless storm,

One by one they start to come together, they become a swarm

I thought they wanted my skin



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## In the Symphony of Humanity by Bailee Batiste

but the want, the need  
It's growing and growing,  
Turning into a greed  
a god awful skin crawling, blood thirsty creature  
Must I go through with this procedure?  
Lord, I hope and hope they have great mercy  
It's like a tsunami,  
drowning out the melodies of black lives.  
Yeah they look normal in your eyes  
They're a addict and we're the drug  
They need it.  
**NEED IT.**

If they don't have our heads today they'll get it tomorrow  
And if they don't get yours they'll get your next brotha or ya sista next and leave  
you in sorrow

But in your eyes they'd never do such a thing  
But in your eyes they couldn't such as harm a fly  
But in your eyes they're the sweetest person you know  
But in your eyes, and you look in the mirror,  
But in your eyes.  
**SEE the difference**  
**SEE the bad**  
**SEE the ugly**  
**SEE the black.**

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## In the Symphony of Humanity by Bailee Batiste

And you take a second to think, why?

WHY is SHE or HE not like you or me?

different.

Do they run or do they let it be?

In the symphony of humanity,

They wish, They beg, They hope, They pray, it's all just a fantasy

All they want is to walk around freely, just like he or she

Why cant that be?

WHY

Why cant we just come together?

You say you promise we're free but you cant guarantee

So what.

Do i run or do i let it be?

In the symphony of humanity,

We wish, we beg, we hope, we pray, it's all just a fantasy

In this big world, they're telling our story's, writing our lives out as a movie

And as I repeat We wish, we beg, we hope, we pray, it's all just a fantasy

Yes, our life's a movie no one told us it would be a tragedy.

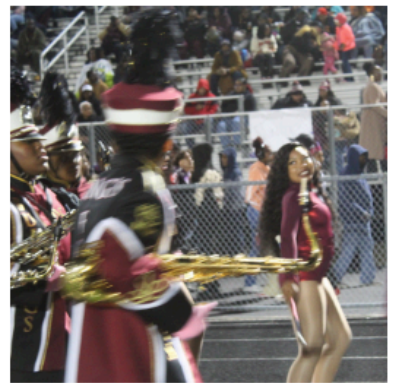
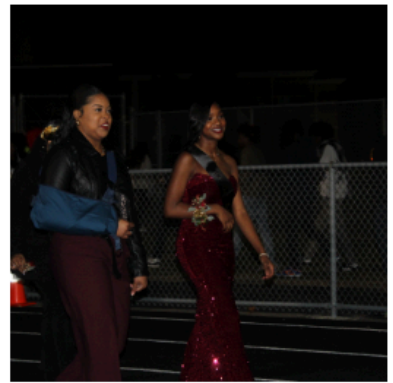
And when this movie comes to an end, you'd think they'd have some sanity

Do I do I let it be or do I run?

In the symphony of humanity



# Homecoming Halftime Preparations





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## Corey Hileman: From GED to E-3

by Nevaeh Greene

In a society with diverse pathways to success, the story of recent GED graduate Corey Hileman stands as a testament to determination, ambition, and discipline. The Navy offered him a chance to serve and protect his country and go through valuable life lessons and training. Corey learned the importance of discipline, resilience, and endurance. After earning a General Educational Development (GED) certificate, Corey has expressed his desire to be an E-6 in 6 years and go back to school to get his nursing degree.

Corey's high school journey ultimately led him to the decision to pursue a GED, a path possible by the unwavering love and support shown by his teacher, Ms. Hollowman, and his mother, Ms. Hileman. Their encouragement motivated him to overcome various challenges and rigorous obstacles. Whether he faced a tough day or received a disappointing grade, Corey persevered and triumphed over the difficulties he encountered.

After graduating with his GED, and feeling unmotivated with his job at the time, Corey found himself questioning his future. Turning to his father for advice he began the search for aspirations and passion. He realized that he needed a change and this realization led him to join the Navy. Corey joined the Navy's recruitment process, driven by service and a commitment to personal and professional growth.

"I expected to get yelled at. Like I expected the worst, but what I didn't expect was the number of memories I made." Memories play a crucial role in shaping our success, the lessons learned from past challenges serve as a foundation for personal growth. Corey has already ascended to the rank of E3 in the United States Navy. His journey can be contested with nothing but perseverance and opportunities.





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## Corey Hileman: From GED to E-3

Corey expressed how not having his family physically with him was one of the hardest challenges. Yet, rather than letting that diminish his spirit, it fueled his dedication to success even more. Each milestone he achieved became a personal testament and fueled him to strive harder and honor those who supported him through it all.

His story is a beacon of hope for many, showing that determination can lead to success and amazing outcomes. His story not only highlights the possibilities available through the military but also serves as an inspiration for others to pursue with courage and determination.



For more information about the GED Program,  
please contact King's Fork High School.

# MURDER MYSTERY DINNER

NOV 22 & 23 6:00PM

- \$25 FOR NOV. 22ND  
(INCLUDES DINNER.)  
GEN ADM - CAFE
- \$10 For NOV 23RD  
(Show Only)

MURDER MYSTERY DINNER

TICKET NUMBER: NOW12345

GEN ADM - CAFE



For tickets see Mr. Hinton or Mrs. Millette-Miller



- \$25 FOR NOV. 22ND  
(INCLUDES DINNER.)  
GEN ADM - CAFE
- \$10 For NOV 23RD  
(Show Only)

MURDER MYSTERY DINNER

TICKET NUMBER: NOW12345

GEN ADM - CAFE



# MURDER MYSTERY DINNER

NOV 22 & 23 6:00PM





# KFHS Bulldog Bark in the Community

## **A PEANUT FEST SUCCESS**

by Keshon Turner



### *A Highlight Of 2024's Peanut Festival:*



This year's Peanut Festival brought fun, food, and community together for days to remember. Whether it was the appetizing meals or the unforgettable performances, attendees left with smiles and new memories. As the tents come down and the trucks make their departures, one thing is for sure—everyone's already looking forward to next year's festival!

"The Peanut Fest is to die for!"- Mrs. Stephanie



**WORLD AFFAIRS COUNCIL**  
Hampton Roads  
**Distinguished Speaker Series**

## Threads of Tradition: Celebrating Maasai Culture

Join us for a special presentation on the life and culture of the **Maasai** people from **Kenya** and **Tanzania**, featuring a talk by Visiting **Maasai Chief Joseph ole Tipanko**. Experience traditional Maasai dancing and singing, and explore a selection of beautiful Maasai jewelry and artwork available for purchase. This cultural event also serves as a fundraiser to **support the Maasai community** during a time of significant cultural change. Don't miss this unique opportunity to experience this ancient culture firsthand.

**Will you join us in celebrating and supporting their unique heritage?**



**Chief Joseph Tipanko  
of the Massai Tribe**

**Event is Free!**  
Registration Appreciated

**What to Know**

- November 13th
- Crittenden Ruritan Club  
8881 Eclipse Dr. in Suffolk
- 6-8 pm

Learn More and Register  
Scan the QR code or  
[www.hrwapc.org](http://www.hrwapc.org)



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College Foundation

# HBCU College Expo

Wednesday, November 13th

5:30 - 8:00pm

King's Fork High School

351 King's Fork Rd, Suffolk, VA 23434

Divine 9 - Door Prizes - Entertainment

## REP YOUR HBCU!!!

All are welcome!



Featuring:  
Norfolk State  
Hampton  
Elizabeth City State  
Virginia State  
Tuskegee  
And More...

Contact Mrs. Adrienne Miller,  
ACCESS Advisor, with any questions  
[adriennemiller@spsk12.net](mailto:adriennemiller@spsk12.net)  
757-923-5240

757-923-5240



# HBCU COLLEGE EXPO

## King's Fork High

Wednesday, November 13, 2024

The Divine 9 -Door Prizes -Entertainment-Vendors-Scholarship  
Information



*Featuring:*

*Norfolk State University  
Hampton University  
Tuskegee University  
Elizabeth City State  
Virginia State  
And Many More ...*



51 Kings Fork Rd, Suffolk, VA 23434

5:30pm -8pm

REP YOUR HBCU!

All are welcome!

For additional information, please contact:

Mrs. Adrienne Miller (Access Advisor) ~ [adriennemiller@spsk12.net](mailto:adriennemiller@spsk12.net)

757-923-5240





5242 Olde Towne Road, Williamsburg


T-SA 11-7PM, SU 12-6PM,  
CLOSED MON

INFORMATION: 757-295-7616



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## SIDES

Steamed Jasmine Rice	\$6
Fried Rice (peas, carrots)	\$8
Vegetable Lo Mein	\$8
Grilled Vegetables	\$7
Cauliflower Rice	\$8.50
French Fries	\$3.50

## HIBACHI BUDDHA

## BROCCOLI\*

Chicken	\$12
Beef	\$13
Shrimp	\$15

## EGG ROLLS

Vegetable	\$4
Pork	\$3
Chicken	\$4
Shrimp	\$5

## GEN TSO\*

Chicken	\$18
Shrimp	\$20

## FRIED RICE

Chicken	\$12
Beef	\$13
Shrimp	\$15

## YOK

Chicken	\$12
Beef	\$13
Shrimp	\$15

## LO MEIN

Chicken	\$12
Beef	\$13
Shrimp	\$15

## CHICKEN WINGS

Original, Teriyaki, or Gen Tso

6 for \$15

## HIBACHI SAMPLER

Combo of beef, chicken and shrimp  
with fried rice and lo mein

\$25

\*COMES WITH JASMINE RICE, FRIED RICE OR LO MEIN  
SESAME OIL USED FOR COOKING -



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